Deep Water Horizon Oil Spill Incident Action Plan (IAP) #6



Operational Period: 05/28/2010 through 05/31/2010

Starting: 0600 2010/05/28 Ending: 0600 2010/05/31



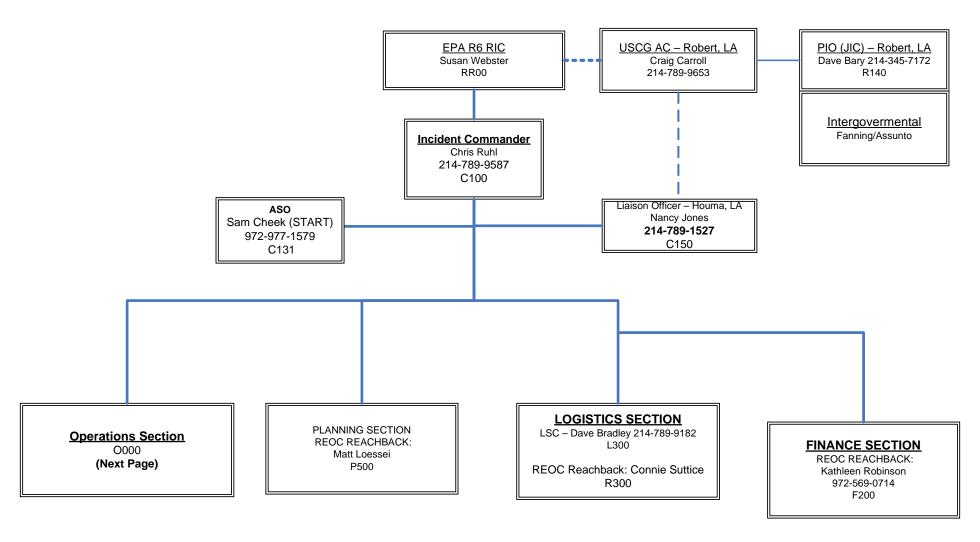
"...to protect human health and to safeguard the natural environment..."



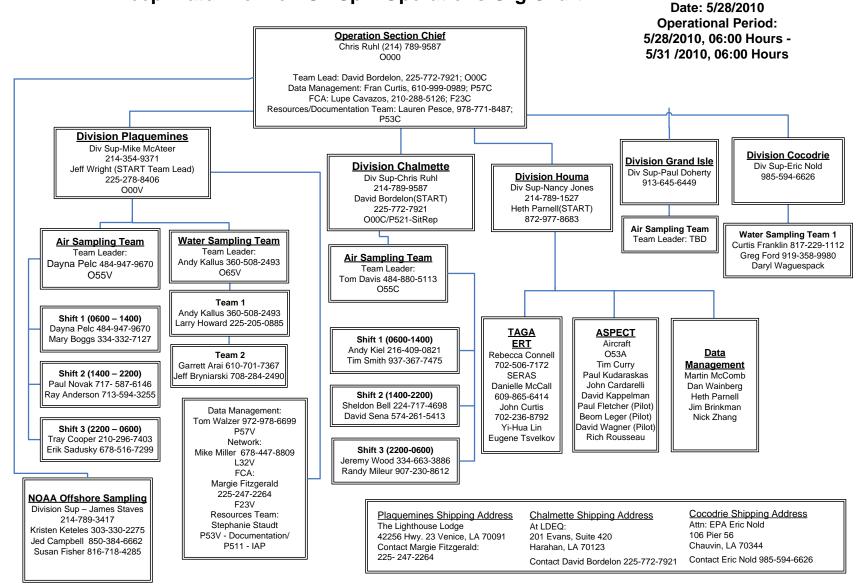


"Chalmations" "Plaquemine Reds"

Deep Water Horizon Oil Spill Command Org Chart



Deep Water Horizon Oil Spill Operations Org Chart



DeepWater Horizon Oil Spill Equipment Resource List

Equipment	Serial Number	Checked Out To	Assignment
SKC CHARGER	RFW23488	D. Bordelon	Chalmette
SKC PUMP	RFW20308	D. Bordelon	Chalmette
SKC PUMP	RFW23468	D. Bordelon	Chalmette
SKC PUMP	RFW23470	D. Bordelon	Chalmette
SKC PUMP	RFW23480	D. Bordelon	Chalmette
SKC PUMP	RFW23482	D. Bordelon	Chalmette
Hanna 1	RFW23664	D. Bordelon	Chalmette
Hanna 1	RFW23663	D. Bordelon	Chalmette
Hanna 1	RFW23662	D. Bordelon	Chalmette
Drager Pump	RFW10601	D. Bordelon	Chalmette
Drager Pump	RFW10601		Chalmette
	WSH00257		
Printer Printer			Chalmette Chalmette
	WSH00258		
Camera	WSH00155		Chalmette
Camera	WSH00188		Chalmette
Garmin 60csx	WSH00242		Chalmette
Garmin 60csx	WSH00185		Chalmette
Ponar sampler	RFW24889		Chalmette
Ponar sampler	RFW24898		Chalmette
Water sampler	RFW20423		Chalmette
Pdr	RFW21959		Chalmette
Pdr	RFW21958		Chalmette
Pdr	RFW21983		Chalmette
Pdr	RFW21985		Chalmette
Dataram	4368		Chalmette
Turbidity Meter	9967		Chalmette
Turbidity Meter	13905		Chalmette
Area RAE	9376		Chalmette
Area RAE	7544		Chalmette
Area RAE	7545		Chalmette
Camera	WSH00198		Chalmette
Camera	WSH00082		Chalmette
Data/Ram	RFW21866	B. Latham	Venice
DataRam 7	07243	B. Latham	Venice
Multi-Rae	RFW23713	B. Latham	Venice
Multi-Rae	RFW23673	B. Latham	Venice
Multi-Rae	RFW21154	B. Latham	Venice
Multi-Rae	RFW23115	B. Latham	Venice
Multi-Rae	RFW23676	B. Latham	Venice
NIKON COPIX	WSH00190	B. Latham	Venice
NIKON COPIX	WSH00067	B. Latham	Venice
Rental Vehicle 1		-	Venice
Rental Vehicle 2			Venice
Rental Vehicle 3			Venice
Rental Vehicle 4			Venice
Rental Vehicle 5			Venice
Rental Vehicle 6			Venice
Rental Vehicle 7			Venice
Rental Vehicle 8	+		Venice
Rental Vehicle 9			Venice

Rental Vehicle 10			Venice
Rental Vehicle 11			Venice
Rental Vehicle 12			Venice
Rental Vehicle 13			Venice
Rental Vehicle 14			Venice
Satellite	RFW23619	B. Latham	Venice
Satellite	RFW23620	B. Latham	Venice
Satellite	RFW23622	B. Latham	Venice
SKC PUMP	RFW23476	B. Latham	Venice
SKC PUMP	RFW23472	B. Latham	Venice
SKC PUMP	RFW20310	B. Latham	Venice
SKC PUMP	RFW23474	B. Latham	Venice
SKC PUMP	RFW20328	B. Latham	Venice
TVA#2	EPA724516	B. Latham	Venice
Waders		B. Latham	Venice
YSI 600XL	RFW21199	B. Latham	Venice
YSI 600XL	RFW24849	B. Latham	Venice
Satellite Phone	RFW23623	B. Latham	Venice
SKC Charger	RFW23489	B. Latham	Venice
Fuji Camera	RFW23259	B. Latham	Venice
Garmin 60csx	WSH00244	B. Latham	Venice
SKC Pump	RFW23486	B. Latham	Venice
Drager Pump	RFW20422	B. Latham	Venice
Garmin 60csx	WSH00213	B. Latham	Venice
Ponar sampler	RFW10493	B. Latham	Venice
100' YSI cable	RFW23102	B. Latham	Venice
100' YSI cable	RFW23104	B. Latham	Venice
Dataram	6243	B. Latham	Venice
Dataram	4672	B. Latham	Venice
Dataram	8560	B. Latham	Venice
Dataram	4512	B. Latham	Venice
Turbidity Meter	7476	B. Latham	Venice
Turbidity Meter	8659	B. Latham	Venice
Battery Charger	RFW21044	B. Latham	Venice
Battery Charger	RFW21047	B. Latham	Venice
Battery Charger	RFW21045	B. Latham	Venice
Dataram	6306	B. Latham	Venice
Multi-Rae	21153	B. Latham	Venice
Multi-Rae	23674	B. Latham	Venice
Multi-Rae	5876	B. Latham	Venice
Multi-Rae	7201	B. Latham	Venice
Multi-Rae	5755	B. Latham	Venice
Portable Radio	A69516	B. Latham	Venice
Portable Radio	A69512	B. Latham	Venice
Portable Radio	A69515	B. Latham	Venice
Portable Radio	A69513	B. Latham	Venice
Portable Radio	A69519	B. Latham	Venice
Portable Radio	A69511	B. Latham	Venice
Portable Radio	A69514	B. Latham	Venice
Portable Radio	A69520	B. Latham	Venice
PQ200	S27937	B. Latham	Venice
PQ200	S27935	B. Latham	Venice
PQ200	S27944	B. Latham	Venice
PQ200	S27938	B. Latham	Venice
MiniRae	TBD	J. Wright	Venice
MiniRae	TBD	J. Wright	Venice
IVIIIIIIAE	100	J. WINGIIL	VCITICE

MiniRae	TBD	J. Wright	Venice
Anderson Hi-Volume Air Sampler	TBD	J. Wright	Venice
Power Inverter	A69966	B. Latham	Venice
Power Inverter	A69960	B. Latham	Venice
Power Inverter	A69959	B. Latham	Venice
Power Inverter	A69962	B. Latham	Venice

1. Incident Name	2. Operational Period	ICS 202-EPA			
Deep Water Horizon Oil Spill	Operation period 05/28/2010 through 06/01/2010	INCIDENT OBJECTIVES			
3. Incident Objectives:					
 Ensure health and safety of responders and the public by conducting operations in accordance with approved site safety plan. Coordinate with Federal, State, Tribal, and local representatives. Conduct water sampling operations to determine a baseline in Plaquemines and St. Bernard Parish, LA. Conduct sediment sampling operation to determine a baseline in Plaquemines and St. Bernard Parish, LA. Conduct air sampling/monitoring operations to determine areas of concern in the Plaquemines and St. Bernard Parish, LA. Provide ASPECT and TAGA support to areas directed by IC. 					
4. Operational Period Command Emphasis	:				
Air & Water sampling operations					
5. Prepared by: (START)		Date / Time			
Stephanie Staudt (START)		5/27/2010			
6. Approved by: (Incident Commander)		Date / Time			
Chris Ruhl(EPA)		05/27/2010			

ICS 202-EPA

INCIDENT OBJECTIVES

1. Incident Name			2. Operational	2. Operational Period (Date/Time)			
Deep Water Horizon Oil Spill			From: 0600, 2	8 May 10	To: 0600, 31 Ma	v 10	Assignment List ICS 204-EPA
3. Branch Environmental Branch		4. Di	Division/Group/Stag	ing	,		
5. Operations Personnel		Name	A	ffiliation	C	Contact	# (s)
Branch Operations Chief:	Chris	Ruhl	U.S. E	PA	214-78	39-9587	,
Division Supervisor:	Mike	McAtee	r U.S. El	PA	214-35	54-9371	
Division Lead START:	Jeff \	Vright	STAR	Γ	225-27	78-8406	3
6. Resources Assigned			"〉	(" indicates 2	04a attachment wit	h additi	onal instructions
Strike Team/Task Force/Resource Identifier	Leade	er	Contact Info. #	# of Perso	Donortin	ng Info/l	Notes/Remarks ▼
Mobil CP Task Force	Jeff Wright		225-278-8406	5	Contact Div S	upervis	or /Division Lead
MCP/Network Team START (1)	Mike Miller		678-447-8809		(START)		
Data Management Team START (1)	Tom Walzer		713-705-1467				
Field Cost Accountant START (1)	Margie Fitzg	erald	225-247-2264				
Resources Team START (1)	Stephanie S	taudt	713-819-5702				
7. Work Assignments 1. Conduct support operations 2. Conduct logistics support to 3. Provide field accounting sup	MCP and all f	ield opera	ations.	S.			
8. Special Instructions 1. Team Supervisors give comms/sta 2. Notify Div Sup if any health and sa 3. All teams check in no later than 20 4. All media interest should be directed.	fety issues oc 00 at Division	cur. Plaquem	nines Command Post f				
9. Communications (radio and/or ph	one contact	numbers	s needed for this ass	ignment)			
Name/Function		Pho					
Chris Ruhl, Ops Chief			-789-9587				
Mike McAteer (EPA), Div Supv			-354-9371				
Jeff Wright, START Div Ld Dayna Pelc, START Air Sampling Teal	m l d		5-278-8406 047.0670				
Mike Miller, START MCP/Network Tea			-947-9670 3-447-8809				
Tom Walzer, START Data Managemen			-978-6699				
Margie Fitzgerald, START Field Cost A			-247-2264				
Stephanie Staudt, START Resources			-819-5702				
See communications list for additional Emergency Communications				_			
Medical 911		uation			er <u>Safety Officer</u>		
. ,		11. Revi Chris Ru	ewed by (OSC) Ihl, OSC	Date/Time		12. Rev Date/Ti	viewed by (OSC) me

1. Incident Name			2. Operation	al Perio	od (Date/Ti	me)	As	signment l	List
Deep Water Horizon Oil Spill			From: 0600	, 28 Ma	ay 10 To	: 0600, 31 May 1		ICS 204-E	
3. Branch			Division/Group/Si			-	•		
Environmental Branch			ivision Plaquemin						
5. Operations Personnel		Name		Affiliat	ion	Con	tact # (s)		
Branch Operations Chief:	Chris	s Ruhl	U.S	. EPA		214-789-	9587		
Division Supervisor:	Mike	McAtee	r U.S.	EPA		214-354-9	9371		
Division Lead START:		Wright	STA	ART		225-278-	8406		
Air Sampling Lead START:	Dayr	na Pelc	STA	ART		484-947-	9670		
6. Resources Assigned				"X" inc	licates 204a	a attachment with a	additional	instructions	
Strike Team/Task	Leade		Contact Info). #	# of	Reporting	Info/Notes	s/Remarks	\forall
Force/Resource Identifier Air Sampling Team 1	Dayna Pelc	'	484-947-9670		Persons 1	Contact Div Supe			ТП
					·	(START)		VIOIOII LOGG	
START Team Members (6): Shift 1 (0600-1400)	Dayna Pelc Mary Boggs		484-947-9670 401-301-3278		6				
Shift 2 (1400-2200)	Paul Novak		717-587-6146						
	Jim Stahling (De	Mob 5/2							
	Ray Anderson (N								
	Brian Mason (5/2	(8 only)	512-466-2163						
Shift 3 (2200-0600)	Erik Sandusky		678-516-7299						
	Tray Cooper		210-296-7403						
V02(29.25274 N, 89.35 V03(29.31449 N, 89.38 V05(29.35699 N, 89.45 Sample for VOCs and I Monitor for VOCs using	3433 W) Welding S 5487 W) Fort Jacks PM2.5, Monitor for	upply Co on, LA VOC, H2	mpany, Boothville, 2S, CO	LA	eeded				
 Special Instructions Team Supervisors give comm Notify Div Sup if any health at 3. Shift 1 to check in no later that check in no later than 2300 at later than 0700 at Division Pla All media interest should be of 5. Complete 214B at end of shift 	nd safety issues oc an 1500 at Division t Division Plaquemi aquemines Comma directed to Division t and submit to STA	cur. Plaquem nes Com Ind Post f Supervis ART tean	nines Command Post Imand Post for debi for debrief. or. n lead.	st for de ief. Shi	ft 3 to chec				
9. Communications (radio and/	or phone contact			ssignm	ient)				
Name/Function Chris Ruhl, Ops Chief			one 4-789-9587						
Mike McAteer (EPA), Div Supv			-354-9371						
Jeff Wright, START Div Ld			5-278-8406						
Mike Miller, START MCP/Network	k Team		3-447-8809						
Tom Walzer, START Data Manag			2-978-6699						
Margie Fitzgerald, START Field C	Cost Accountant	225	-247-2264						
Stephanie Staudt, START Resou	rces Team	713	-819-5702						
See communications list for addit	tional contact numb	ers							
Emergency Communications	F	uotion			Other	ofoty Officer			
Medical 911 10. Prepared by	Date/Time	uation	iewed by (OSC)	Dat	Otner <u>s</u> te/Time	Safety Officer	Reviews	ed by (OSC)	
	Aug-10 / 13:20		ihl, OSC	Da	C/ I IIIIC		te/Time	by (000)	

1. Incident Name 2. Operational Period (Date/Time) **Assignment List Deep Water Horizon Oil Spill** ICS 204-EPA From: 0600, 28 May 10 To: 0600, 31 May 10 4. Division/Group/Staging 3. Branch **Division Plaquemines Environmental Branch** 5. Operations Personnel Name Affiliation Contact # (s) **Branch Operations Chief:** Chris Ruhl U.S. EPA 214-789-9587 Division Supervisor: Mike McAteer U.S. EPA 214-354-9371 Division Lead START: Jeff Wright **START** 225-278-8406 6. Resources Assigned "X" indicates 204a attachment with additional instructions Strike Team/Task # of Leader Contact Info. # Reporting Info/Notes/Remarks Force/Resource Identifier Persons Water Sampling Team 1 Contact Div Supervisor / Division Lead **START** Andy Kallus 360-508-2493 1 (START) Team Members: 225-205-0885 START (1) Larry Howard 1 **Boat Captain** Cpt. Allen Moreau 504-382-0794 1 Charter Boat Captain 7. Work Assignments Conduct water sampling activities in oil impacted areas and at previous sampling locations as directed by the IC. Sampling operations will include collecting weathered oil/water mixtures in areas where oil is present. Conduct reconnaissance to locate oil impacted areas.

8. Special Instructions

- 1. Team Supervisors give comms/status reports to START Div Ld at 0700.
- 2. Notify Div Sup if any health and safety issues occur.
- 3. Water sampling team to check in no later than 2000 at Division: Plaquemines Command Post for debrief.
- 4. All media interest should be directed to Division Supervisor.
- 5. Use satellite phone 881641476533 as needed: (While using phone, dial 001 then phone number you are trying to reach).

9. Communications (radio and/or phone contact numbers needed for this assignment)

Name/Function Phone Satellite Phone

Chris Ruhl, Ops Chief 214-789-9587

Mike McAteer (EPA), Div Supv 214-354-9371 881641476533

Jeff Wright, START Div Ld225-278-8406Tom Walzer, START Data Management Team Ld972-978-6699Mike Miller, START MCP/Network Team678-447-8809Margie Fitzgerald, START Field Cost Accountant225-247-2264Stephanie Staudt, START Resources Team713-819-5702

See communications list for additional contact numbers

Emergency Communications

Medical 911 Evacuation Other Safety Officer

10. Prepared byDate/Time11. Reviewed by (OSC)Date/Time12. Reviewed by (OSC)Stephanie Staudt27-Aug-10 / 13:20Chris Ruhl, OSCDate/Time

1. Incident Name			2. Operational Pe	riod (Date/Tir	ne)	Assignment List
Deep Water Horizon Oil Spill			From: 0600, 28 l	May 10 To	: 0600, 31 May 10	ICS 204-EPA
3. Branch Environmental Branch			ision/Group/Stagin on Plaquemines	g		
5. Operations Personnel	Name	Э	Affil	iation	Contact	# (s)
Branch Operations Chief:	Chris Ruh	I	U.S. EPA	٨	214-789-9587	
Division Supervisor:	Mike McA	teer	U.S. EPA	Ĺ	214-354-9371	
Division Lead START:	Jeff Wrigh	ıt	START		225-278-8406	3
6. Resources Assigned			"X" i	indicates 204a	a attachment with additi	onal instructions
Strike Team/Task Force/Resource Identifier	Leader		Contact Info. #	# of Persons	Reporting Info/I	Notes/Remarks
Water Sampling Team 2					Contact Div Superviso	or /Division Lead
START	Garrett Arai		610-209-2062	1	(START)	
Team Members: START (1)	Jeff Bryniarski		708-284-2490	1	Team Members: START (1)	
Boat Captain	Cpt. Jacques Blaize)	225-276-2808	1	Charter Boat Captain	
7. Work Assignments						<u> </u>
 Conduct water sampling a operations will include col Conduct reconnaissance of the conduct reconnection of	lecting weathered oil/ to locate oil impacted status reports to STAF safety issues occur. In no later than 2000 a cted to Division Supe	water m areas. RT Div L t Divisio rvisor.	ixtures in areas whe	re oil is preser	or debrief.	
9. Communications (radio and/or	phone contact numl	bers ne	eded for this assigi	nment)		
Name/Function	I	Phone				
Chris Ruhl, Ops Chief		214-789				
Mike McAteer (EPA), Div Supv		214-354				
Jeff Wright, START Div Ld		225-278				
Mike Miller, START MCP/Network T Tom Walzer, START Data Managen		678-447 972-978				
Margie Fitzgerald, START Field Cos		225-247				
Stephanie Staudt, START Resources Team 713-819-5702						
See communications list for addition Emergency Communications Medical 911	al contact numbers	n		Other <u>S</u>	afety Officer	
10. Prepared by Stephanie Staudt 27-Aug		Reviewe	, ,	Date/Time	12. Rev Date/Ti	viewed by (OSC)

1. Incident Name			2. Operational Period (Date/Time) Assignment Lis				
Deep Water Horizon Oil Spill			From: 0600, 28	May 10 To	o: 0600, 31 May 10	ICS 204-EF	
3. Branch Environmental Branch			vision/Group/Stagir ion Chalmette	ng			
5. Operations Personnel		Name	Aff	iliation	Contact	: # (s)	
Branch Operations Chief:	Chris Ruhl		U.S. EPA		214-789-9587		
Division Supervisor:	Chris Ruhl		U.	S. EPA	214-78	9-9587	
Division Lead START:		David Borde	elon S	TART	225-77	2-7921	
6. Resources Assigned			"X"	indicates 204	a attachment with addit	tional instructions	
Strike Team/Task Force/Resource Identifier	Lead	ler	Contact Info. #	# of Persons	Reporting Info	/Notes/Remarks	,
Mobil CP Task Force	David Bord	lelon 2	225-772-7921	5	Contact Div Supervis	sor /Division Lead	
MCP/Network Team START (1)	Mike Miller	6	378-447-8809		(START)		
Data Management Team START (1)	Fran Curtis	6	610-999-0989				
Field Cost Accountant START (1)	Lupe Cava	zos 2	210-288-5126				
Resources Team START (1)	Lauren Pe	sce g	978-771-8487				
7. Work Assignments 1. Conduct support operations 2. Conduct logistics support to 3. Provide field accounting sup	MCP and all	field operation	ons.				
8. Special Instructions 1. Team Supervisors give comms/sta 2. Notify Div Sup if any health and sa 3. All teams check in no later than 20 4. All media interest should be directed.	fety issues o 00 at Chalme	ccur. ette Division (
9. Communications (radio and/or ph	one contac	numbers ne	eeded for this assig	gnment)			
Name/Function		Phone					
Chris Ruhl, Ops Chief/Div Supv		214-789-	-9587				
David Bordelon, START Div Ld \		225-772					
Fran Curtis, Data Management Ld		610-999					
Tom Davis, START Air Sampling Tear		484-880					
Lupe Cavazos, START Field Cost Accountant 210-288- Lauren Pesce, Resources Team Ld 978-771-							
See communications list for additional Emergency Communications	contact num						
Medical 911		cuation			Safety Officer		
10. Prepared by David Bordelon 27-Aug-10	Date/Time / 13:20	11. Review Chris Ruhl,	, ,	Date/Time	12. Re Date/I	viewed by (OSC) ime	

1. Incident Name			2. Operation	al Perio	nd (Date/Tii	me)		
Deep Water Horizon Oil Spill			2. Operational Period (Date/Time) Assignment List From: 0600, 28 May 10 To: 0600, 31 May 10 ICS 204-EPA					List
· ·		I 4 Divi			ay 10 To	: 0600, 31 May 10	103 204-6	-FA
3. Branch Environmental Branch			ision/Group/St on Chalmette	aging				
5. Operations Personnel	5. Operations Personnel Name			Affiliat	ion	Contac	et # (s)	
Branch Operations Chief:	Chris Ru	ıhl	U.S	EPA		214-789-958	37	
Division Supervisor:	Chris Ru	hl	U.S	. EPA		214-789-95	87	
Division Lead START:	David B	ordelon	STA	RT		972-213-66	18	
Air Sampling Lead START:	Tom Da	/is	STA	RT		484-880-51	13	
6. Resources Assigned				"X" inc	dicates 204a	a attachment with add	itional instructions	
Strike Team/Task	Leader		Contact Info. #		# of	Reporting Info	o/Notes/Remarks	\downarrow
Force/Resource Identifier Air Sampling Team	Tom Davis	484-8	880-5113		Persons 7	Contact Div Superv		ТП
An Jamping Team	Tom Davis	707 (,	(START)	1301 /DIVISION LCAG	
START Team Members (6):								
Shift 1 (1000-1800)	Andy Kiel Tim Smith		409-0821					
	1 Im Smith	937-	367-7475					
Shift 2 (1800-0200)	Sheldon Bell	224-7	717-4698					
,	David Sena	574-2	261-5413					
- , ,								
Shift 3 (0200-1000)	Randy Mileur Jeremy Wood		230-8612 663-3886					
	Jeremy wood	334-0	003-3000					
V03(29.31449 N, 89.384 V05(29.35699 N, 89.454 Sample for VOCs and P Monitor for VOCs using 8. Special Instructions 1. Team Supervisors give comms 1000 for Shift 3. 2. Notify Div Sup if any health an 3. Shift 1 to check in at 1000 and in at 1800 and 0200 at Chalme and 1000 at Chalmette LRV C 4. All media interest should be di	487 W) Fort Jackson, M2.5, Monitor for VO colorimetric tubes if V /status reports to STA d safety issues occur. 1800 at Chalmette LI ette LRV Command P ommand Post for deb	LA C, H2S, C OC action RT Div L RV Commost for derief.	CO n level (10 ppm d at 1300 & 170 nand Post for de) is exc 00 for S ebrief.	hift 1, 2000 Shift 2 to ch			
9. Communications (radio and/o	r nhono contact nur	abore no	adad for this a	eciann	nont)			
9. Communications (radio and/o	Phone contact hui		-u-u ivi lilis d	ooigiiii	ioin)			
Chris Ruhl, Ops Chief/Div Supv		789-958	7					ļ
David Bordelon, START Div Ld		5-772-792						ļ
Tom Davis, START		-880-511						
Fran Curtis, START IT Team Ld		-999-098						
Lupe Cavazos, START Field Cost		-288-512						
Lauren Pesce, START Resources		3-771-848						
See communications list for addition	onal contact numbers							
Medical 911	Evacuati	on			Other S	Safety Officer		
10. Prepared by David Bordelon 27-Au		Revieweris Ruhl, C	ed by (OSC) OSC	Da	te/Time	12. R Date/	eviewed by (OSC) Time	

1. Incident Name Deep Water Horizon Oil Spill		· · · · ·		od (Date/Tinay 10 To	me) : 0600, 31 May 10	Assignment L ICS 204-E	
3. Branch Environmental Branch							
5. Operations Personnel	Name	!	Affiliat	ion	Contact	# (s)	
Operations Chief:	Chris I	Ruhl	U.S. E	:PA	214-789	-9587	
Division Supervisor:	Eric No	old	U.S. E	PA	816-718	-4274	
Division Lead START	David	Bordelon	STAR	Т	225-772	-7921	
Water Sampling Team Lead STAR	T Curtis	Curtis Smith START 817-229-11				1112	
6. Resources Assigned			"X" ind	licates 204a	a attachment with additi	onal instructions	
Strike Team/Task Force/Resource Identifier	Leader	Contact Info	Contact Info. # # of Person		Reporting Info/l	Notes/Remarks	7
Water Sampling Team 1	Eric Nold	816-718-4274			Contact Div Supervise (START)	or /Division Lead	
Team Members: START (3)	Curtis Franklin Greg Ford Daryl Waguespack	817-229-1112 919-358-9980		4	Water Sampling Grou	ıp Lead (START)	
Boat Captain	Cpt. Eugene Foret	985-594-6626			Charter Boat Captain		
7. Work Assignments							
 Conduct water sampling marshes in Terrebonne, and NCA 10 points 1336 Collect oil samples as die Complete 214b. 	Lafourche, and Jefferso , and 1332 as well as ta	on Parishes Water argets of opportunit	sampling	locations in	clude Early Detection s		

8. Special Instructions

- 1. Team Supervisors give comms/status reports to START Div Ld at 0800.
- 2. Notify Div Sup if any health and safety issues occur.
- 3. All teams off water by 1630.
- 4. All media interest should be directed to Division Supervisor.

9. Communications (radio and/or phone contact numbers needed for this assignment)

Name/Function Phone Chris Ruhl, Ops Chief/Div Supv 214-789-9587 Eric Nold, Division Supervisor 816-718-4274 Paul Doherty, Water Sampling Team Lead 913-645-6449 David Bordelon, START Div Ld 225-772-7921 Curtis Smith, START Water Sampling Team 1 817-229-1112 Fran Curtis, START IT Team Lead 610-999-0989 Lupe Cavazos, START Field Cost Accountant 210-288-5126 Lauren Pesce, START Resources Team Ld 978-771-8487

See communications list for additional contact numbers

Emergency Communications

Medical 911 Evacuation Other Safety Officer

10. Prepared byDate/Time11. Reviewed by (OSC)Date/Time12. Reviewed by (OSC)David Bordelon27-Aug-10 / 13:20Chris Ruhl, OSCDate/Time

1. Incident Name							Assignment List
Deep Water Horizon Oil Spill			From: 0600, 2	8 May 10	To: 0600, 31 M	ay 10	ICS 204-EPA
3. Branch Environmental Branch			ision/Group/Stag on Grand Isle	ing			
5. Operations Personnel	Nam	е	A	ffiliation		Contact	# (s)
Operations Chief:	Chris Ruh	I	U.S. E	PA	214-	789-9587	7
Division Supervisor:	Paul Doh	erty	U.S. E	PA	913	-645-644	9
Division Lead START:	David Bor	delon	STAR	Γ	225-	772-7921	
Air Sampling Lead START:	TBD		STAR	Τ			
6. Resources Assigned			""	K" indicates 2	04a attachment w	ith additi	onal instructions
Strike Team/Task Force/Resource Identifier	Leader		Contact Info. #	# of Persor	Donor	ting Info/l	Notes/Remarks
Air Sampling Team*	TBD			7	Contact Div	Supervis	or /Division Lead
					(START)		
*START Team Members (6): Shift 1 (1000-1800)	TBD				Air Sampling	Lead (S	TART)
Shift 2 (1800-0200)							
Shift 3 (0200-1000)							
7. Work Assignments				•	•		•
 Establish air sampling locations ar Set up local command post. Conduct air sampling and monitor * Pending funding increase.				ū			
8. Special Instructions							
 Team Supervisors give comms/st 1000 for Shift 3. Notify Div Sup if any health and some state of the state of	safety issues occur. 800 at Chalmette LR' e Command Post for nmand Post for debri cted to Division Supe	V Comm debrief. ef. rvisor.	nand Post for deb Shift 3 to check	rief. Shift 2 to n at 0200		1	
9. Communications (radio and/or p			eded for this ass	ignment)			
Name/Function		hone					
Name/Function	Phor	ne 789-958	7				
Chris Ruhl, Ops Chief/Div Supv David Bordelon, START Div Ld		769-956 772-792					
Fran Curtis, START IT Team Ld		772-792 999-098					
START Field Cost Accountant	010-	333-030	9				
START Resources Team							
See communications list for additions Emergency Communications	al contact numbers						
Medical 911	Evacuatio	n		Oth	er <u>Safety Officer</u>		
10. Prepared by David Bordelon 27-Aug		Reviewe s Ruhl, C	ed by (OSC) DSC	Date/Time		12. Rev Date/Ti	riewed by (OSC) me

1. Incident Name			2. Operational Period (Date/Time)						
Deep Water Horizon Oil Spill			•	•	•	ov 10	Assignment List ICS 204-EPA		
3. Branch		4 Divis	sion/Group/Sta		To: 0600, 31 M	ay 10	103 204-LFA		
Environmental Branch			on Grand Isle	igirig					
5. Operations Personnel	Name	Э		Affiliation		Contact	# (s)		
Operations Chief:	Chris Ruh	I	U.S.	EPA	214-	789-9587	7		
Division Supervisor:	Paul Doh	erty	U.S.	EPA	913	-645-644	9		
Division Lead START	David Bor	delon	STA	RT	225	-772-792	1		
Water Sampling Team Lead START	TBD								
6. Resources Assigned: Pending f	unding increase			"X" indicates	204a attachment w	vith additi	onal instructions		
Strike Team/Task Force/Resource Identifier	Leader		Contact Info. #	# c Pers	Donor	ting Info/l	Notes/Remarks		
Water Sampling Team 1*	TBD			1 013		Superviso	or /Division Lead		
					(EPA)				
Team Members:	TDD			1	W-1 0	l'	- L (OTABT)		
START (2)	TBD				Water Samp	ling Grou	p Lead (START)		
Boat Captain	TBD			1					
Conduct water sampling a Lafourche, and Jefferson F targets of opportunity provious. Collect oil samples as directly as Complete 214b. Pending funding increase. 8. Special Instructions	Parishes. Water samided by the Environmoted by the Division s	pling loc lental Un Sup.	ations include E						
 Team Supervisors give comms/s Notify Div Sup if any health and s All Teams off the water by 1630. All media interest should be direct 	safety issues occur.		d at 0800.						
9. Communications (radio and/or p	hone contact num	bers nee	ded for this as	signment)					
Name/Function		hone							
Chris Ruhl, Ops Chief		-789-958							
Paul Doherty, Division Sup Team Lea		-645-644							
David Bordelon, START Div Ld START Water Sampling Team 1	225	5-772-792	21						
Fran Curtis, START IT Team Ld	610)-999-09	89						
START Field Cost Accountant									
START Resources Team									
See communications list for additional Emergency Communications Medical 911	al contact numbers Evacuatio	n		Oti	her Safety Officer				
10. Prepared by			d by (OSC)	Date/Tim		12. Rev	riewed by (OSC)		
• •		Ruhl, O	• ' '		-	Date/Ti			

1. Incident Name 2. Operational Period (Date/Time) Assig Deep Water Horizon Oil Spill From: 0600, 28 May 10 To: 0600, 31 May 10 To: 0600, 31 May 10											
3. Branch		4. Divi	ision/Group/Stagi		. 0000, 31 May 10	ICS 204-E					
Environmental Branch			Division Houma								
5. Operations Personnel		Name	Affiliation Contact # (s)								
Operations Chief:	(Chris Ruhl	nl U.S. EPA 214-789-9587								
Division Supervisor:	1	Nancy Jones	U.S	. EPA	214-789-1	1527					
Division Lead START:	F	leth Parnel	STA	\RT	972-977-8	3683					
6. Resources Assigned			"X"	' indicates 204a	a attachment with additi	onal instructions					
Strike Team/Task Force/Resource Identifier	Leader		Contact Info. #	# of Persons	Reporting Info/	Notes/Remarks	•				
Houma Incident Command Task Force	Nancy Jones	214-7	789-1527	8	Contact Div Supervise	or /Division Lead					
Data Management (EPA)	Martin McCor Dan Wainber										
Data Management (START)	Jim Brinkman Nick Zhang		550-5024 517.0538								
Technical Specialist (EPA)	Duane Newel		360-2956								
Technical Specialist (START)	Heth Parnell	972-9	977-8683								
Conduct support operatio Assist with data managen Conduct air sampling abo Provide Vietnamese trans Special Instructions Team Supervisors give status re	 Assist with data management as directed. Conduct air sampling aboard USCG vessels as needed. Provide Vietnamese translation as needed. 8. Special Instructions Team Supervisors give status reports to Division Supervisor. Notify Div Sup if any health and safety issues occur. 										
Sommunications (radio and/or		•	adad for this assi	nment)							
Name/Function Chris Ruhl, Ops Chief/Div Sup Nancy Jones, Div Sup Martin McComb Dan Wainberg Duane Newell Neil Nguyen		Phone 214-789 214-789	-9587								
Heth Parnell, START Div Ld Jim Brinkman Ma Long See communications list for addition	nal contact numb	972-977- pers	-8683								
Emergency Communications				Othor C	Safety Officer						
Medical 911 10. Prepared by	Date/Time	uation 11. Reviewe	nd by (OSC)	Otner S	Safety Officer	viewed by (OSC)					
	g-10 / 13:20	Chris Ruhl, C		Date/ I IIIIC	Date/Ti						

1. Incident Name		2.	2. Operational Period (Date/Time) Assignment Lis						
Deep Water Horizon Oil Spill		Fi	om: 0600, 28 Ma	IČS 204-EPA					
3. Branch		4. Divisio	n/Group/Staging	•					
Environmental Branch		Division 1	AGA						
5. Operations Personnel	Name	9	Affiliat	# (s)					
Operations Chief:	Ruhl	U.S. E	-9587						
Division Supervisor:	Nancy		U.S. E		214-789				
Division Lead:	Rebec	ca Connell	U.S. E	PA	609-865-	1574			
6. Resources Assigned			"X" inc	dicates 204a	a attachment with additi	onal instructions			
Strike Team/Task	Landan	0-	ata at Infa #	# of	Donostion Info	Natas/Damania			
Force/Resource Identifier TAGA Task Force	Leader		ntact Info. #	Persons 6	, ,	Notes/Remarks	, 		
TAGA TASK FOICE	Rebecca Connell	609-865-	1574	0	Contact Div Supervis	or/Division Lead	╽╵		
ERT	Rebecca Connell	702 506	7172						
SERAS	Danielle McCall John Curtis Yi-Hua Lin Eugene Tsvetkov	609 865 702 236							
7. Work Assignments		I							
 Conduct support operation Conduct air monitoring/sa Respond to complaints of Conduct mobile air sampli Asset will be shared betwee Complete daily summaries 	mpling with areas of podors and petroleum, ng and monitoring as een Regions 4 and 6.	oublic recep dispersant needed.							
8. Special Instructions									
Team Supervisors give status re Notify Div Sup if any health and All teams check with Houma Inci All media interest should be direct	safety issues occur. ident Command Post	upon comp	etion of mission.						
9. Communications (radio and/or	phone contact numl	bers neede	d for this assignm	nent)					
Name/Function		hone							
Chris Ruhl, Ops Chief Nancy Jones, Div Sup		4-789-9587 4-789-1527							
Dave Mickunas, Task Force Leader		9-865-1574							
See communications list for addition	al contact numbers								
Emergency Communications Medical 911	Evacuation	n		Other S	Safety Officer				
10. Prepared by		Reviewed b	y (OSC) Da	te/Time		viewed by (OSC)			
		Ruhl, OSC			Date/T				

David Bordelon

27-Aug-10 / 13:20

Chris Ruhl, OSC

1. Incident Name Deep Water Horizon Oil Spill			2. Operational Period (Date/Time) From: 0600, 28 May 10 To: 0600, 31 May 10 ICS 204-EPA							
3. Branch Environmental Branch	anch 4. Division/Group/Staging									
5. Operations Personnel	Name)	Affiliation	n	Contact # (s)				
Operations Chief: Division Supervisor:	Chris R	Ruhl Staves	U.S. EP U.S. EP	214-789-9 ! 214-789-3						
Division Lead :	Brandi		U.S. EF		972-974-2					
6. Resources Assigned			"X'	' indicates	204a attachment with add	ditional instructions				
Strike Team/Task Force/Resource Identifier	Leader		Contact Info. #	# of Persons	Reporting In	fo/Notes/Remarks				
Offshore Sampling Team	Т			3	Contact Div Superviso	or /Division Lead	▼□			
NOAA Gunter	Kristen Keteles		303-330-2275							
BP Veritas	Jed Campbell		850-384-6662							
NOAA Walton Smith	Susan Fisher		816-718-4285							
1. NOAA Gunter – Sample p 1. BP Veritas – Conduct of 1. NOAA Walton Smith – S 8. Special Instructions 1. Notify Div Sup if any health a 2. All media interest should be	Sample prep and Cha and safety issues occidirected to Division S	mission in of Custo ur. upervisor.								
Communications (radio and/ Name/Function		imbers ne hone	eded for this assi	gnment)						
Chris Ruhl, Ops Chief	21	4-789-958	7							
James Staves, Div Supv		4-789-341								
See communications list for additemergency Communications Medical 911 10. Prepared by	tional contact number Evacua	ation	y (PSC) Dar	Oti te/Time	ner <u>Safety Officer</u> 12. Reviewed by (OSC) Date/Time				
Date/Time David Bordelon 27- 13:20	Chris	Ruhl, OSC								

1. Incident Name		2. Operation	2. Operational Period (Date/Time) Assignment List						
Deep Water Horizon Oil Spill		From: 0600	From: 0600, 28 May 10 To: 0600, 31 May 10 ICS 204-EPA						
3. Branch Environmental Branch		4. Division/Group/S Division Aspect		· ·					
5. Operations Personnel	Name	9	Affiliation Contact # (s)						
Operations Chief:	Chris I	Ruhl	U.S. EPA	214-789	-9587				
Division Supervisor:	Nancy	Jones	U.S. EPA	214-789	-1527				
Division Lead:	Mark T	Γhomas	U.S. EPA	513-675	-4753				
6. Resources Assigned			"X" indicates 204	a attachment with addit	ional instructions				
Strike Team/Task Force/Resource Identifier	Leader	Contact Info	# of Persons	Reporting Info/	Notes/Remarks				
Task Force Aspect	Tim Curry	816-718-4281	9	Contact Div Supervis	or /Division Lead				
Aerial over flights for photography and monitoring (EPA)	Paul Kudaraskas John Cardarelli David Kaplan	202-344-5382 513-675-4745 334-546-7064							
Aerial over flights for photography and monitoring (ARRAE)	Paul Fletcher (Pilot) Beorn Leger (Pilot) David Wagner (Pilot Rich Rousseau (Pilot	972-921-1893 469-693-9906							
Conduct support operation Conduct over flight operat Conduct photographic doc Conduct air monitoring an Complete daily summaries Special Instructions Team Supervisors give comms/s Notify Div Sup if any health and	ions as directed by Di cumentation as directed d sampling as request s to Division Sup and of status reports to Divisi safety issues occur.	ivision Sup. ed by Division Sup. ted by the Environment Ops Chief. fon Sup at the end of		ed by Division Sup.					
3. All media interest should be dire	•		!						
9. Communications (radio and/or Name/Function	•	oers needed for this a none	assignment)						
Chris Ruhl, Ops Chief		4-789-9587							
Nancy Jones, Div Sup	214	214-789-1527							
Mark Thomas, Division Lead	51:	3-675-4753							
See communications list for addition Emergency Communications									
Medical 911	Evacuation			Safety Officer					
10. Prepared by David Bordelon 27-Aug		eviewed by (OSC) Ruhl, OSC	Date/Time	12. Re ^s Date/T	viewed by (OSC) ime				

		Incident Name	2. Operational Period Date/Time			
Contact List		Deepwater Horizon Oil Spill	Starting: 0700 2010/05/24 Ending: 0700 2010/05/28			
Last Name	First Name	Cell #	Activity			
USEPA			, ,			
Zehner	Warren	214.789.1585	Incident Commander			
Ruhl	Chris	214.789.9587	Deputy Incident Commander			
McAteer	Mike	214.354.9371	Division Sup-Plaquemines			
Rhotenberry	William	214.437.9804	Division Sup-Plaguemines			
Brescia	Nick	214.665.2291	Division Sup-Plaquemines			
Bradley	Dave	214-789-9182	Logistics			
Paisley	Eric	214-789-8750	Logistics			
START 3	•		· · ·			
Bordelon	David	225-772-7921	Mobil CP Task Force- Team Lead -Chalmette			
Latham	Janine	215-620-5664	Mobil CP Task Force-Data Management-Chalmette			
Curtis	Fran	610.999.0989	Mobil CP Task Force-Data Management-Chalmette			
Latham	Ben	972-213-6618	Mobil CP Task Force- Team Lead -Venice			
Wright	Jeff	972-213-6618 225-278-8406	Mobil CP Task Force- Team Lead -Venice Mobil CP Task Force- Team Lead -Venice			
Franklin	Curtis	817-229-1222	Water Sampling Team- Team Lead -Chalmette			
Redwine	Jarrod	806-438-2464	Water Sampling Team-1-Chalmette			
Bryniarski	Jeff	708-284-2490	Air Sampling Team-1-Plaquemines			
Pelc	Dayna	484-947-9670	Air Sampling Team- Lead-Plaquemines Air Sampling Team- Lead-Chalmette			
Davis	Tom	484-880-5113	Air Sampling Team-Lead-Chalmette Air Sampling Team-Chalmette			
Wilson	Mark	337-581-8430	Air Sampling Team-Chalmette			
Sylveria _	Warren	302-462-0164	Air Sampling Team-Chalmette			
Turner	Pat	843-469-5811	Air Sampling Team-Chalmette			
Alexander	Terry	410-919-8319				
Wood	Jeremy	334-663-3886	Air Sampling Team-Chalmette			
Odenweller	Claire	937-475-1626	Air Sampling Team-Chalmette			
Johnson	Kevin	334-728-0126	Air Sampling Team-Chalmette			
Thomason	Greg	512-417-5543	Mobil CP Task Force-GIS-Chalmette			
Hughes	Brendan	832-367-9260	Mobil CP Task Force-GIS-Chalmette			
Brown	Jean	400-406-2813	Mobil CP Task Force-Finance-Chalmette			
Cavazos	Lupe	210-288-5126	Mobil CP Task Force-Finance-Chalmette			
Cook	Lauren	978-771-8487	Mobil CP Task Force- Resources-Chalmette			
Ambrosio	Lorie	248-798-4089	Mobil CP Task Force- Resources-Chalmette			
Cheek	Sam	972.977.1579	Asst. Health and Safety Officer-Chalmette			
Clarke	Paul	920-378-0484	Air Sampling Team- Lead -Plaquemines			
Wallis	Jim	334-332-7127	Air Sampling Team-Plaquemines			
Wilken	Patrick	225-802-2001	Air Sampling Team-Plaquemines			
Navarro	Nata	361-443-5323	Air Sampling Team-Plaquemines			
Beer	Matt	248-939-7824	Air Sampling Team-Plaquemines			
Boggs	Mary	401-301-3278	Air Sampling Team-Plaquemines			
Howard	Larry	225-205-0885	Air Sampling Team-Plaquemines			
Novak	Paul	717-587-6146	Air Sampling Team-Plaquemines			
Aljoe	Kristen	210-416-2686	Air Sampling Team-Plaquemines			
Sandusky	Erik	678-516-7299	Air Sampling Team-Plaquemines			
Stahling	Jim	919-880-6507	Air Sampling Team-Plaquemines			
Arai	Garrett	610-209-2062	Water Sampling Team-Plaquemines			
Kallus	Andy	360-508-2493	Water Sampling Team-Plaquemines			
Smith	Tim	937-367-7475	Water Sampling Team-Cocodrie			

		Incident Name	Operational Period Date/Time
	Contact List Cont.	Deepwater Horizon (Spill	Oil Starting: 0700 2010/05/24 Ending: 0700 2010/05/28
Last Name	First Name	Cell #	Activity
START			
Cooper	Tray	210-296-7403	Air Sampling Team-Plaquemines
Cervantes	Jose	972-979-2114	Network Admin
Ма	Long	972-978-6699	Mobil CP Task Force-Data Management-Plaquemines
Staudt	Stephanie	713-819-5702	Mobil CP Task Force- Resources-Venice
Sena	David	574-261-5413	Air Sampling Team-Chamette
Kiel	Andy	216-409-0821	Air Sampling Team-Chamette
Ford	Greg	919-358-9980	Air Sampling Team-Chamette
Alaniz	Deborah	512-423-8209	Mobil CP Task Force- Resources-Venice
Fitzgerald	Margie	225-247-2254	Mobil CP Task Force-Finance-Plaquemines
Miller	Mike	678-447-8809	Network Admin
Mason	Brian	512-466-2163	Health and Safety

Address

Plaquemines-	42256 HWY 23	Venice, LA 70091		
LDEQ	201 EVANS, Suite 420	Harahan, LA 70123		
Chalmette	St. Bernard Fire Station #8	Violet, LA		
Prepared by (Communications Unit)	Approved by (Logistics Section Chief)	Date	Time	
Samuel Cheek	Chris Ruhl	5/23/2010	1430	

1. Incident Name: Deep Water Horiz	zon Oil Sp	ill	2. Operational Period From 05/28/10 0600	_				M	MEDICAL PLAN ICS 206 - EPA										
3. Incident Medical A	Aid Station																		
]	Paramed	lics								
Medical Aid Stations Location										Yes No									
4. Transportation																			
A. Ambulance Services																			
•							TN.			Paramedics									
Name Houma- Acadian		1018 Bo	Address and Street, Houma, LA 70)363		337	Phone 7-291-3333		Ye	s	No								
Ambulance Service																			
Chalmette- Acadia Ambulance Service		7532 We	est Judge Perez, Arabi, L.	A 70032		504	1-682-9550												
Venice- Plaquemin Parish Governmen	nines 28028 HWY 23, Port Sulphur, LA 70083 504-564-1787								\boxtimes										
B. Incident Ambu	ulances				<u> </u>														
7. Hospitals																			
1				,						Burn									
Name	L A	4		Travel '		.1	Dhana	Helip		Cent									
Name Houma-Leonard J		dress '8 Industr	ial Blvd, Houma, LA	Air	Groun 15 mir		Phone 985-873-220	$\frac{\text{Yes}}{0}$	No	Yes	No 🗎								
Chabert Medical	703		Iur 2170, 110 miu, 211		from C		700 070 220			Ш									
Chalmette-Tulane			/ /		30 mir		504-988-586	3		\boxtimes									
Hospital		70112	N II (T)		from C	υP	504 201 545	4			N 7								
Venice- Oschner Medical Center-W		00 Belle C 70056	Chasse Hwy, Terrytown,		1 hr from C	СР	504-391-545	4 📙		Ш									
Plaqumines Medic		_	vay 23, Port Sulphur,		.5 hr		504-564-												
Center		70083			from C	СР	3344												
8. Medical Emerg							. 1 . 77 . 1 . 1 . 2												
Water operations:	In the eve	ent of a m	edical emergency at sea p	ersonnel	will co	ntac	t the United S	tates Coast G	iuard.										
Coast Guard conta VHF Radio-	act inform	ation:																	
	m ·	.) (117	Inter	national	Distress	, Sa	fety and Callin	ng. Ships rec	uired	to carr	y								
	Channel 16 Ship Transmit MHZ 156.800 Ship Receive MHZ 156.800 International Distress, Safety and Calling. Ships required to carry radio, USCG, and most coast stations maintain a listening watch on this channel																		
In the event of a m	nedical em	nergency a	at air monitoring location	s and/or o	during la	and	operations per	rsonnel will c	contact	911 a	nd								
provide directions	s to the inc	ident loca	ation if necessary.																
9. Prepared by (M	Medical Ur	it Leader) Date/Time	10 R	eviewed	d by	(Safety Office	er)	Date	Time									
Troparoa of (II			, 2 415, 11110	10.10		_ 5	(Suret) Office	/	2 410/	9. Prepared by (Medical Unit Leader) Date/Time 10. Reviewed by (Safety Officer) Date/Time									

1. Incident Nan	ne							2	2. Ope	eration	al Pe	riod		Date / Time	INC	DENT ACTION PLAN SAFETY ANALYSIS			
Deepwater Hor	izon C	Dil Sp	oill –	Gulf	of N	/lexic	ю				-		0600 0600			ICS 215a - EPA			
4. Risk																			
Division / Group	Heat Stress	Communications	Slips/Trips/Falls	Water Safety	Animals	HAZMAT Operations	Proper PPE	Personal Hygiene	Chemical Hazards					5. Risk Mitigations					
Protective Booming/ Water Ops		\boxtimes												Minimum Level D. Following proper protocol when working over water. Beware of emerged debris and sharp objects that can strike water craft. Watch out for snakes and other wildlife. Attempt to minimize slips, trips, and falls by making use of hand holds and appropriate nonslip footwear. Watch for bubbles and unusual odors are gas pipelines. Minimize contact with water, do not swallow the water. Insure all personnel wear approved US Coast Guard PFDs. Equip boat with USCG approved water rescue equipment. Apply sunscreen to exposed areas prior to launch. Apply mosquito repellant as needed. Bring water for hydration. Insure all personnel have emergency numbers and appropriate evacuation procedures and training on communication equipment. For any chemical hazards, review the HASP.					
6. Prepared By: (Name	and	Posi	tion)		•	•	•		•	•			Date		Time			
George P. Brozov	vski – I	MT S	Safety	/ Offic	cer									05/18/2010 1600					

IAP SAFETY ANALYIS ICS 215a - EPA

Sea Sickness Precautions

Motion sickness can occur when the sensory inputs about body position contradict what is expected. It can be provoked by abrupt changes in movement, such as during bumpy rides, turbulent flights, and rough seas. It can also occur when one is exposed to moving visual scenes while the body is in a relatively fixed state.

Early signs of motion sickness include pallor, restlessness, and cold sweat. In later stages, nausea, excessive salivating, and vomiting occur. The degrees of symptoms that result from an acute exposure to provocative stimuli vary with the intensity of the stimulus and one's susceptibility to this condition.

About one third of the population is highly susceptible to motion sickness, a third experience it in fairly rough conditions, and another third become sick only in extreme conditions. Selected groups seem particularly susceptible; including children aged 3 to 12 years, people who experience migraine headaches, and women, particularly during menstruation and pregnancy.

Prevention Is Better Than Cure

Various precautionary medicines and devices are available these days to fight sea sickness. Some work well for some people and not so well for others. If it's your first trip it might be a bit of a "hit and miss" situation, but one of these should do the trick:

- 1. **Diet** to start off with, eat "safe" foods for about a day before boarding (nothing acidic, spicy or fatty) ... and don't over indulge (food/alcohol). Eating a light "safe" meal before you board will also help reduce the risk and/or effects of seasickness. Ginger is a great choice!
- 2. The motion sickness **patch** is probably the most popular these days to be placed behind your ear 4 hours before boarding and changed if necessary after 72 hours. This is quite an effective way to prevent seasickness but causes things like a dry mouth and blurry vision. Better to be thirsty than sick, though! The active ingredient, scopolamine, is absorbed through the skin.
- 3. **Over the counter medication** (usually causes some drowsiness) to be taken 1-2 hours before boarding. The most recommended are pills with the active ingredient meclizine (less-drowsy *Dramamine*, *Bonine*, *Antivert*), then pills with the active ingredient Dimenhydrinate (*Dramamine* regular). *Marezine* (cyclizine) and *Stugeron* (cinnarizine) seem to be less sleep inducing than all of the above. Other popular antihistamines (*Benadryl* diphenhydramine based) also work for some people. (*Money saving tip: ask your pharmacist for the generic version of the medication you wish to take.)*
- 4. **Homeopathic medicines** *Trip Ease* should be taken 2 hours before boarding but also works if you're already feeling seasick (contains 6 natural active ingredients and has no drowsiness or other side effects); or *Sea Sik Oral Spray* to be sprayed under your tongue 3 times a day or more if needed (contains 7 natural active ingredients and has no drowsiness or other side effects). *On The Move* capsules (contains ginger root, licorice root and cayenne) also help alleviate motion sickness and can also be used to combat headaches.

- 5. **Acupressure bracelets** a drug-free product causing no side effects the motion sickness band is worn one on each wrist for the duration of your trip. Some contain small magnets, others just a stud, which should be aligned with a pressure point (P6) on your wrist and pressure applied periodically. This won't work very well if you "miss" the pressure point.
- 6. *Motion Eaze* **natural oil** to be applied behind the ear and is absorbed through the skin. Also effective if feeling nauseas already. No side effects.
- 7. The electronic, drug-free motion sickness *ReliefBand*® is worn on the wrist, a kind of motion sickness watch. It emits low-level electrical pulses to avoid and treat motion sickness by calming the stomach.

*For children, elderly folk, those using other medication, pregnant or breast feeding women - it's best to consult your doctor before taking new medication.

To The Rescue!

Should you have forgotten to swallow, stick, rub or sniff your chosen anti-sea sickness remedy or the seas are extremely rough and you suddenly start to sweat, turn pale, salivate and have a general feeling of discomfort, hopefully your brain will recall the file in which you stored the following information and you can still enjoy your cruise until you find your sea legs:

DO:

- 1. Look out the window (or better yet, go onto the deck and to the centre of the ship, facing forward) at a distant, stable object, like the **horizon**. The centre of the ship, close to the waterline, is the most stable part of the ship.
- 2. Use a **fan** or listen to some **music**... this will get your mind off things.
- 3. Eat some **salty snacks** with regular intervals to help dry up your stomach.
- 4. **Relax** if you can lying down and closing your eyes might help.
- 5. **Ginger** is a natural remedy to general nausea and sea sickness. Drink ginger beer or tea, or eat fresh ginger, a cookie or suck on a ginger sweet (like Gin Gins) to help combat your green cheeks. Try Sailor's Secret, a branded ginger capsule or Quesy Pops, popsicles containing essential oils from natural herbs and aromatherapy in ginger flavor but also others like lavender, peppermint, etc. Any ginger product is most effective if taken before boarding.
- 6. **Some motion sickness medicine** (e.g. Dramamine patches) may help to reduce the nausea at this stage. Maybe one of the most effective if you're severely seasick and vomiting, are heavy duty Phenergan Suppositories.
- 7. Bitters, mint, citrus, apricot juice, carrot juice, unroasted pumpkin or squash seeds, parsley and peppermint tea are also said to help combat sea sickness but there doesn't seem to be much proof out there.

DON'T:

- 1. Read or watch television once the sea sickness has kicked in, it will make you feel worse.
- 2. Drink big gulps of water. Tiny sips at intervals are better.
- 3. Face backwards (you'll continue to become nauseous and feel worse)!